

WELCOME

The Order of the White Lion and Isis Workshops are run by teachers who have completed an extensive study of spiritual awareness and in particular, the Tree of Life and who work, very much, on a practical level.

Our aim is to help raise awareness, not only of the teachings and how to use the Tree of Life, but also to help others find a way of living their lives more fully.



Index

Page:

- 4. Introduction to the Tree of Life:
 - How Does the Tree of Life Work?
- 7. Hod – The Splendour (Glory) of the Workings of the Human Mind
 - Description of the Temple of Hod
- 10. Hod Awareness
 - Hod Awareness Meditation **To Be, or not To Be**
- 18. The Power of Thought
- 20. Doorkeepers - Protectors of the Mind
- 22. Magical Images
- 26. From Thought to Reality
- 27. Building Clear, Truthful Images
 - Will Power and Strength of Personal Will
- 28. Committing to Know Thyself
- 31. The Temple of Hod
 - Temple of Ice
- 37. The Spirit of Hod
 - Attitude
- 39. Experiencing Hod
- 41. Hod – Corresponding Information
- 42. **To Be or not To Be** - meditation record sheet
- 43. Hod Consolidation - What Do **You** Think?